



# Newsletter 34 – 8<sup>th</sup> June 2026

*Knowledge begins with respect for God (Proverbs 1:7)*

This half-term's value is 'Endurance' (Galatians 6:9)

## Diary Dates

This last half term of the school year is a very busy one – here is a list of the key events taking place over the next few weeks:

Monday 3<sup>rd</sup> – Friday 12<sup>th</sup> June: Year 4 Multiplication Check

Monday 8<sup>th</sup> June: Year 1 Phonics Screening Check week

Tuesday 9<sup>th</sup> June: 'Wizard of Oz' performance for the whole school

Monday 22<sup>nd</sup> June: Reading and Maths assessment week (not Robins or Year 6)

Wednesday 8<sup>th</sup> July: Year 6 Prom

Thursday 16<sup>th</sup> July, 8.40am: Year 6 Leavers' Assembly

Thursday 16<sup>th</sup> July: End of Year reports sent home

Friday 17<sup>th</sup> July, 8.40am: End of Year Prizegiving Service

Friday 17<sup>th</sup> July: Last day of term – school closes at 3.00pm

## Sleep

In school we sometimes notice children who appear to be very tired in lessons. These children usually tell us that they have stayed up very late watching TV or playing computer games.

Sleep is a vital need, essential to a child's health and growth. Sleep promotes alertness, memory and performance. Children who get enough sleep are more likely to concentrate better and are less prone to behavioural problems and moodiness. That is why it is important for parents and carers to help their children to develop good sleep habits.

How much sleep does a child need? The recommended sleep for children in primary schools is 10 to 12 hours, dependent upon age. That means that if you child gets up at 7.00am they should be going to bed between 7.00pm and 9.00pm. Here is a suggested effective bedtime routine for younger children:

1. Have a light snack (e.g. a milky drink and biscuit).
2. Put on nightclothes.
3. Brush teeth.
4. Read a story.
5. Make sure the room is quiet and at a comfortable temperature.
6. Put child to bed, say goodnight and leave!



The advice is to try and make bedtime a positive and relaxing experience without any form of screen time (TV, tablet, phone or games console), as children who have any kind of screen time before bed can experience difficulty falling and staying asleep.

## This week's Amazing Achievers!

<p style="text-align: center;"><b>You've Been Spotted!</b></p> <p style="text-align: center;">Children who have been demonstrating one of our school values:</p> <p style="text-align: center;">Aima Shah &amp; Sheema Bhamjee – Robins              Hannah Muhammadi - Woodpeckers              Safa Ali - Kingfishers              Aariz Kayani – Swallows              Anaya Ullah – Doves              Zeeshan Nain – Owls              Umme-Hani Aftab - Kestrels              Muhammed Adam – Hawks              Aliyah Malik – Falcons              Imaan Zohaib - Eagles</p>	<p style="text-align: center;"><b>Headteacher's Award</b></p> <p style="text-align: center;">Children chosen for a special achievement:</p> <p style="text-align: center;">Shurahbeel Mohammed &amp; Mariam Rafiq – Robins              Aqsa Mahmood - Woodpeckers              Zainab Mohammad– Kingfishers              Huda Hooti – Swallows              Laraib Hussain – Doves              Iqra Aziz – Owls              Shakeel Hussain – Kestrels              Shurayh Mohammed – Hawks              Fatima Diwan – Falcons              Hassan Mujtaba - Eagles</p>
<p style="text-align: center;"><b>Recent Reading Badges</b></p> <p style="text-align: center;">Doves              Musa Jafar – Pearl              Azaan Ali - Topaz</p> <p style="text-align: center;">Hawks              Zinedine Zaman – Bronze Star              Zaeem Patel – Silver Star              Mariya Bismillah – Gold Star              Rehan Khan &amp; Max Jackson - Ruby              Salman Khaled &amp; Hooria Abbas - Topaz</p>	<p style="text-align: center;"><b>Remarkable Readers</b></p> <p style="text-align: center;">Children who have impressed their teachers with their reading this week:</p> <p style="text-align: center;">Zinab Solaiman-Khil - Robins              Harris Faqir - Woodpeckers              Haadiyah Khan – Kingfishers              Jasnoor Sembhi – Swallows              Harris Khan – Doves              Nathan Szileczki – Owls              Umamah Bhamji – Kestrels              Max Jackson – Hawks              M. Abdul-Qadir Hussain – Falcons              Fatima Noor - Eagles</p>
<p style="text-align: center;"><b>Mrs Martin's Class of the Week:</b></p> <p style="text-align: center;">Doves</p>	<p style="text-align: center;"><b>Mr Ulhaq's Ultimate Achiever:</b></p> <p style="text-align: center;">Yara Saleh (Eagles)</p>
<p style="text-align: center;"><b>Mr Richardson's Lunchtime Awards:</b>              Amirah Bhamjee (Robins) &amp; Shamsa Hooti (Hawks)</p>	

## Last Week's Attendance

	Best attendance	Best punctuality
Infants	Swallows	Kingfishers
Juniors	Doves & Falcons	Hawks