



# Newsletter 31 – 11<sup>th</sup> May 2026

*Knowledge begins with respect for God (Proverbs 1:7)*

This half-term's value is 'Hope' (1 Corinthians 13:13)

## Year 6 Assessments (SATs): Monday 11<sup>th</sup> May – Thursday 14<sup>th</sup> May

A reminder that children in Year 6 (all the Eagles and some of the Falcons) are taking their SATs assessments this week. To do their best, children need to be well-rested and get plenty of sleep each night. They also need to eat a good breakfast to help their concentration.

We are providing free breakfasts for all Year 6 children, Tuesday – Thursday this week from 8.00am – 8.20am. All Year 6 children are welcome to come along and eat breakfast with their friends.

## Mental Health Awareness Week

Mental Health Awareness Week 2026 is taking place from 11 to 17 May. This year's theme is "Action".

Increasing understanding about mental health has always been central to Mental Health Awareness Week. But awareness alone is not enough. That's why action is the theme for this year's Mental Health Awareness Week.



When people find out more about mental health, when they recognise early signs of problems in themselves and others, when they know what support looks like and what they can do to maintain their mental health, they are already taking action.

This year's theme is an invitation for all of us to take that next step. Your action can be something you do for yourself, for someone else, or for all of us.

Our mental health is shaped by the environments and circumstances in which we live. While there are some things we have little control over, we still have the power to take action to boost our wellbeing. Even small actions can have a big impact.

Good mental health doesn't come from gimmicks or unproven wellness trends, but through everyday acts of care. That includes both self-care and caring for others.

All children will take part in a special assembly this Thursday to mark Mental Health Awareness Week, led by Joe Wicks - remember him from Covid?

There are ideas and resources on the Mental Health Foundation website:

<https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week>

Best wishes

Julian Rogers  
Headteacher

Attached to this newsletter:

Information about a new toddler group at Shadsworth Hub. The group will run every Friday from 9.30am-10.30am for 0-5 year olds with their adults. The first session will be on Friday 15<sup>th</sup> May.

## This week's Amazing Achievers!

### You've Been Spotted!

Children who have been demonstrating one of our school values:

Minahil Farhan & Aani-Fatima Raheem – Robins  
 Hana Zohaib - Woodpeckers  
 Isa Zamir - Kingfishers  
 Azaan Khan – Swallows  
 Muaaz Hanslod – Doves  
 Zulekha Aswat – Owls  
 Jumaanah Isa - Kestrels  
 Zakariyya Motala – Hawks  
 Labeeqa Nawaz – Falcons  
 Sakina Shah - Eagles

### Headteacher's Award

Children chosen for a special achievement:

Aima Shah & Ziyaan Muhammad – Robins  
 Yahya Latif - Woodpeckers  
 Hina Hamid- Kingfishers  
 Aariz Hussain – Swallows  
 Ameen Awan – Doves  
 Nathan Szileczki – Owls  
 Simrah Hajat – Kestrels  
 Aminah Farooq – Hawks  
 Subhan Atiq – Falcons  
 Benin Jafar - Eagles

### Recent Reading Badges

Swallows  
 Adil Abdrabou – Topaz

Doves  
 Rayhan Rizwan – Silver

Hawks  
 Rehan Khan & Anivardh Vyas – Ruby  
 Ahmed Mulla – Pearl  
 Ebraheem Sadiq – Emerald  
 Muhammad-Adam Patel – Bronze Star  
 Liza Kara – Silver Star

### Remarkable Readers

Children who have impressed their teachers with their reading this week:

Anaya Sharif & Zaynab Zohaib – Robins  
 Aliza Chaudry - Woodpeckers  
 Zoya Satia – Kingfishers  
 Yusuf Muhammadi – Swallows  
 Ayra Kayani – Doves  
 Zeeshan Nain – Owls  
 Ziyam Ditta – Kestrels  
 Ahmed Mulla – Hawks  
 Azaan Jamadar – Falcons  
 Yusuf Mahmood - Eagles

**Mrs Martin's Class of the Week:  
 Falcons**

**Mr Ulhaq's Ultimate Achiever:  
 Mikail Hussain (Doves)**

**Mr Richardson's Lunchtime Awards:  
 Bushra Kousar (Swallows) & Ali-Abdullah Syed (Eagles)**

## Last Week's Attendance

	Best attendance	Best punctuality
Infants	Swallows	Kingfishers
Juniors	Eagles	Kestrels

# Let's Play!

@ Shadsworth Hub

Rothesay Road, Blackburn BB1 2ES

FREE

Fridays  
9.30-10.30am

Join us with your babies and toddlers (0-5 years)

