

Newsletter 21 – 9th February 2026

Knowledge begins with respect for God (Proverbs 1:7)

This half-term's value is 'Compassion' (Colossians 3:12)

Children's Mental Health Week

This week is Children's Mental Health Week. Every year, the week is organised and run by the children's mental health charity, Place2Be. It is all about helping children to speak up and feel empowered to talk about mental health.



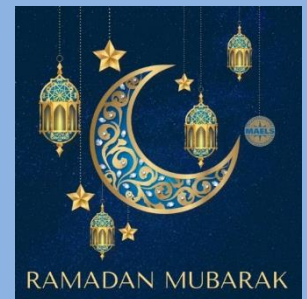
Each year the week has a theme; this year's is 'This is my place'. It's all about how children exploring the importance of belonging – in school, friendships and the community.

Children will be told that if they or are finding it difficult to talk about how they are feeling, there is lots of support available. The first thing they should do is speak to an adult that they trust about it. That might be a parent or family member, a family friend or a teacher at school. They can also ring Childline (0800 1111) who will be able to help them with how they are feeling, or visit www.childline.org.uk.

Ramadan

The holy month of Ramadan will soon be upon us. I would like to remind all parents/carers about some practicalities:

- **Fasting:** in school, only children in Year 5 and 6 are able to fast. They will be provided with an alternative place to go and take part in some quiet activities while the rest of their friends are eating their lunch.
- **Headscarves:** during Ramadan, some girls who do not normally wear a headscarf choose to do so. Please could all parents and carers remember the school uniform code: headscarves should be either plain black or purple (to match the school uniform) and have no sequins/decoration. It must be a short (shoulder length), pullover scarf with no fastening.



I hope that everyone observing Ramadan finds it a real blessing.

Half Term Break

School closes at 3.00pm this Friday for the half term break and re-opens on Monday 23rd February at 8.20am (Breakfast Club at 7.45am). I hope you have a lovely week with your children.

Best wishes

Julian Rogers
Headteacher

Other information attached to this newsletter:

- Merciful Giving flyer about their 'Bring a Toy to School' appeal
- Safer Internet Day guidance for parents and carers

This week's Amazing Achievers!

You've Been Spotted!

Children who have been demonstrating one of our school values:

Shurabeel Mohammed & Imana Patel – Robins
 Diwa Sharif – Woodpeckers
 Mustakim Akonjee – Kingfishers
 Adil Abdrabou – Swallows
 Laraib Hussain – Doves
 Ahmed Hassan – Owls
 Umaimah Bhamji – Kestrels
 Kristofers Kilpe – Hawks
 Lariab Shah – Falcons
 Yara Saleh – Eagles

Headteacher's Award

Children chosen for a special achievement:

Mariyah Munshi & Zaynab Zohaib – Robins
 Umaima Mohsin – Woodpeckers
 Isa Zamir – Kingfishers
 Hasnain Taj – Swallows
 Zara Rizwan – Doves
 Azaan Qureshi – Owls
 Ricards Kilpe – Kestrels
 Zinedine Zaman – Hawks
 Salma Ismaili – Falcons
 Imaan Zohaib – Eagles

Recent Reading Badges

Woodpeckers

Adam Sabir – Bronze

Swallows

Bilal Hussain – Gold. Muhammad Zohaib Latif – Emerald

Doves

Arham Atiq – Topaz

Owls

Hussain Ali Shah – Emerald

Kestrels

Aishah Sidat – Ruby, Zakei Ullah – Emerald

Umamah Bhamji & Keyan Shah – Sapphire

Simrah Hajat – Topaz

Aleena Bhamji & Razane El Mansori – Pearl

Faiza Akhtar & Bilal Badat – Jet, Zayd Patel – Silver Star

Hawks

Max Jackson – Gold Star

Remarkable Readers

Children who have impressed their teachers with their reading this week:

Jannat Sharif – Woodpeckers
 Mustakim Akonjee – Kingfishers
 Salahuddin Nawaz – Swallows
 Farah Hussain – Doves
 Zara Malik – Owls
 Zayn Chopdat – Kestrels
 Aminah Farooq – Hawks
 Adan Shahid – Falcons
 Nazia Farid – Eagles

Mrs Martin's Class of the Week:
Doves

Mr Ulhaq's Ultimate Achiever:
Zamin Faisal (Kingfishers)

Mr Richardson's Lunchtime Awards:
Sima Khaled (Kingfishers) & Max Jackson (Hawks)

Last Week's Attendance

	Best attendance	Best punctuality
Infants	Woodpeckers	Robins & Woodpeckers
Juniors	Hawks	Kestrels & Eagles

Bring A Toy To School Day

IN NORTH WEST HOSPITALS

**Sensory Toys | Rattles | Art & Craft Sets
Books | Board Games | Jigsaws & Puzzles
Plastic Toys | Themed Toys | Gadgets
Books & Comics | Journals | Notebooks
Stationery | Games Consoles | Deodorants**

CUT OFF DATE FOR COLLECTIONS



Thursday 26th Feb

IN PARTNERSHIP WITH



Established by the UK Safer Internet Centre (UKSIC), Safer Internet Day (SID) is celebrated around the world. This year, on Tuesday 10th February 2026, it will be celebrated with the theme:

'Smart tech, safe choices – Exploring the safe and responsible use of AI'

UKSIC Resources

As usual, the UKSIC have created some fantastic resources, which includes top tips, help and advice and quizzes to help you start a conversation with your child. Find out more here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2026/top-tips-for-parents-and-carers>

What is AI and is it safe?

Internet Matters has a wealth of information on their website about AI, including is it safe for children to use, privacy and data considerations, examples of popular tools and the risks that you should be aware of. You can access this information here:

<https://www.internetmatters.org/advice/by-activity/using-artificial-intelligence/what-is-ai-artificial-intelligence/>

AI Chatbots

Parent Zone have published an article highlighting what you need to know about chatbots, and the growing role of artificial companions. The article discusses what an AI friend is, the minimum age rating for using a chatbot, the appeal and the risks of AI friends as well as what you can do if your child is using them. You can access it here:

<https://parentzone.org.uk/article/ai-chatbots>

AI Tips from the NSPCC

This article from the NSPCC introduces AI tools and discusses what AI generated content is. It also includes tips on how to support your child to use AI safely. Read the article here:

<https://www.nspcc.org.uk/about-us/news-opinion/2025/artificial-intelligence-safety-tips-for-parents/>

Parenting in the AI age

UNICEF have published an article discussing how to approach AI with your child. It discusses how AI can help promote learning as well as some of the dangers. You can find the article here:

<https://www.unicef.org/parenting/digital-parenting/how-approach-ai-children>

Resources for Parents and Carers from London Grid for Learning (LGfL)

LGfL have several resources on their website in support of SID, including a video about what children are being exposed to online with generative AI tools. You can find the resources here:

<https://lgfl.net/safeguarding/safer-internet-day>