



# Newsletter 20 – 2<sup>nd</sup> February 2026

*Knowledge begins with respect for God (Proverbs 1:7)*

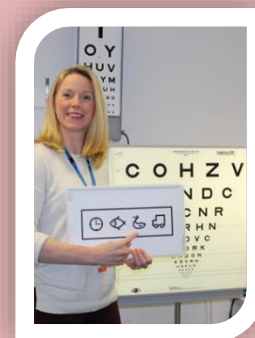
This half-term's value is 'Compassion' (Colossians 3:12)

## Vision Screening for Reception Children (Robins)

Vision screening is an important part of the universal delivery of the NHS National Healthy Child Programme.

Children's vision continually develops from birth up to the age of seven. This is why it is important to test, detect early and begin any treatment of defects that may occur. The test also reduces the risk of defects developing into visual impairments if left untreated.

Vision screening will be taking place for the reception class children on Thursday 5<sup>th</sup> February. An opt-out consent form will be sent home with your child closer to the screening date. If you do not receive one and wish to opt-out, please contact the school.



## Spanish Day

Miss Ashton is busy organising a Spanish-themed day for the children next Monday 9<sup>th</sup> February. The Espiritu Flamenco team will be visiting school to give the children a taste of Spain through Spanish dance and music workshops. The Espiritu flamenco team consists of a Spanish guitarist accompanying a Flamenco dancer. In the workshops children will learn some percussion flamenco, clapping rhythms, dance and music style. Children will be able to wear non-uniform for that day – particularly red and yellow if possible (the colours of the Spanish flag).

## Age Ratings on TV Programmes

Please remember to check that the TV programmes your child watches are appropriate for their age. We have had a number of children saying that they have been allowed to watch programmes which have an age rating of 15 or more.

The ratings are there to protect your children from seeing harmful content including bad language and violence, so please do take them into account when deciding what your child can watch.



## School Year 2026-27

The school holiday pattern for the school year 2026-27 is now available on the school website (Parents/Term Dates and School Holidays).

Please consult this when booking holidays and trips abroad to avoid your child missing vital learning time.



## Online Safety Session for Parents

Here is link to the recording of the session which took place last week:

<https://www.knowsleyclcs.org.uk/online-safety-parent-carer-session-january-2026/>

## NHS Dentist

A message from Richmond Terrace Dental Centre:

We know how difficult it can be for families to find an NHS dentist, so we're pleased to let you know that Richmond Terrace Dental Centre is now accepting NHS patients of all ages.

All NHS patients are welcome, with free dental care available for children and teenagers under 18.

To make registration simple, use this QR code. Please note that registration can only be completed via this QR code, which parents can scan to register quickly and securely.



Best wishes

A stylized, handwritten signature in black ink.

Julian Rogers  
Headteacher

## Online Safety Newsletter

February's edition is attached to this newsletter.

## This week's Amazing Achievers!

<p style="text-align: center;"><b>You've Been Spotted!</b></p> <p style="text-align: center;">Children who have been demonstrating one of our school values:</p> <p style="text-align: center;">Humna Hussain &amp; Zaynab Zohaib – Robins          Maryam Nakhuda – Woodpeckers          Skye McCaw – Kingfishers          Sara Bhamjee – Swallows          Farah Hussain – Doves          Zeeshan Nain – Owls          Aayza Farooq – Kestrels          Amina Farooq – Hawks          Malik Hasan – Falcons          Shan Akhtar – Eagles</p>	<p style="text-align: center;"><b>Headteacher's Award</b></p> <p style="text-align: center;">Children chosen for a special achievement:</p> <p style="text-align: center;">Sami Abdrabou &amp; Hussain Murtaza – Robins          Hannah Muhammadi – Woodpeckers          Noor Fatima – Kingfishers          Yusuf Muhammadi – Swallows          Muaaz Hanslod – Doves          M. Ayaan Siddique – Owls          Razane El-Mansori – Kestrels          Ebraheem Sadiq – Hawks          Azaan Jamadar – Falcons          Hamza Abdrabou – Eagles</p>
<p style="text-align: center;"><b>Recent Reading Badges</b></p> <p style="text-align: center;">Doves          Haris Jahangir – Topaz</p>	<p style="text-align: center;"><b>Remarkable Readers</b></p> <p style="text-align: center;">Children who have impressed their teachers with their reading this week:</p> <p style="text-align: center;">Eesha Hussain – Woodpeckers          Zainab Hussain – Kingfishers          Aariz Kayani – Swallows          Aisha Ditta – Doves          Abdul Rehman – Owls          Jumaanah Essa – Kestrels          Shurayh Mohammed – Hawks          Fatima Diwan – Falcons          Fatima Noor – Eagles</p>
<p style="text-align: center;"><b>Mrs Martin's Class of the Week:</b> Owl's</p>	<p style="text-align: center;"><b>Mr Ulhaq's Ultimate Achiever:</b> Aizah Hussain (Owls)</p>
<p><b>Mr Richardson's Lunchtime Awards:</b> Hishaam Kayani (Robins) &amp; Anaya Faisal (Hawks)</p>	

## Last Week's Attendance

	Best attendance	Best punctuality
<b>Infants</b>	Robins (100%)	Robins
<b>Juniors</b>	Kestrels (100%)	Hawks

# Online Safety Newsletter

## February 2026

### CBeebies Parenting and Apps

CBeebies Parenting is full of useful information from creative activities, recipes and information about the CBeebies apps.

CBeebies apps are free to download with no in-app purchases. Their apps include:

- Playtime Island - Fun Games for Kids App. This app includes 40 free games.
- CBeebies Learn - Early Years Learning App. This app includes games and videos and is based on the Early Years Foundation Stage curriculum.
- Get Creative - Open-ended Creative Activities App. This app is free and includes lots of drawing and painting activities.
- Storytime - Reading Stories App. This app includes interactive story books.

You can find out more here:

<https://www.bbc.co.uk/cbeebies/parenting>

**Would you like to read this newsletter in a different language?** You

can use the translate tool on our web version: <https://www.knowsleycitylearningcentres.org.uk/february-2026-primary/>

### Using AI to alter images

AI image generator and moderator tools are widely available and often used by children. Whilst these tools can be used for creative purposes, we need to ensure our children are aware of the appropriate way in which to use them and the circumstances when they should not be used, even if harm is not intended.

#### What are AI image generator and moderator tools?

It is when Artificial Intelligence is used to create or modify images, for example it could be used to swap faces, change expressions or for more sinister reasons, such as to remove clothes. These images are often very realistic and therefore difficult to see that they are fake.

#### Privacy concerns and consent

If your child is using these tools, they need to be aware of potential loss of privacy and the importance of consent. They should know that they should only use images of other people with consent.

#### What does my child need to know about using these tools?

- Children shouldn't use AI tools to manipulate images of school staff. Even if the child's intention is not malicious, children should not use AI tools to create or edit photos of teachers under any circumstances.
- Manipulation of images of friends or other children – if you are using images of other people, then consent **must** always be sought.
- The tools should not be used to create images that can embarrass or hurt others - this is a form of online bullying.
- Copyright issues – who owns the copyright? These images could be reused by others, which can affect their own digital footprint.

#### What should I do?

- Chat to your child if they are using these tools and ascertain the reason why. Ask them to show you the images that they have created.
- Check the age ratings of any apps/websites that your child is using and set up appropriate parental controls.
- Develop your child's digital literacy by teaching them to recognise online risks and to behave responsibly online

#### Further information

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-to-children-about-ai>
- <https://oursaferschools.co.uk/2025/02/18/understanding-image-consent-at-schools/>

# TikTok

**You must be over 13 years of age to use TikTok.** TikTok is a social media platform for sharing and watching short video clips. If your child is using TikTok then make sure appropriate security / privacy settings are applied.



## Account set up

It is important that your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private. You can read more about the other settings available, such as switching off comments and restricted mode here: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-18>

## Family Pairing

Family Pairing allows you to link your own account to your child's account. You can then set controls such as restricted mode or tailor your child's 'For You' feed by selecting keywords that TikTok will use to filter out posts. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

## What do I need to be aware of?

- **Inappropriate content and themes:** whilst against guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics/themes.
- **Challenges:** We often see viral challenges on social media, some of which can be **risky/dangerous**. Sadly, there are reports that children have died whilst attempting online challenges. Children may not yet have developed the skills and ability to critically analyse that what they see online is not always safe for them to replicate.
- **Stranger contact:** chat to your child about how people may not be who they say they are when online.

## Refresh your feed

You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

## Blocking and Reporting

Show your child how to use the safety features available.

## Further information

- <https://parentzone.org.uk/article/tiktok>
- <https://www.tiktok.com/safety/en/guardians-guide>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.02.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

## Balance screen time tips

Internet Matters have created simple tips to help you develop healthy online habits for your child. They also answer key questions such as "how much screentime is too much" and "is gaming bad for children." Access this information here:

<https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips>

## 7 Steps to Good Digital Parenting

The Family Online Safety Institute have created seven steps to assist you as a digital parent. Find out more here:

<https://fosi.org/program/7-steps-to-good-digital-parenting/>

## Children's Commissioner launches new guide for parents and carers

The Children's Commissioner has released a new guide to help you in managing your child's digital life. The guide was written with direct involvement from children.

It includes advice on setting boundaries such as no devices in the bedroom and how to chat to your child. You can find the guide here:

<https://www.childrenscommissioner.gov.uk/blog/what-i-wish-my-parents-or-carers-knew-childrens-commissioner-launches-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>