



Newsletter 9 – 4th November 2024

Knowledge begins with respect for God (Proverbs 1:7)

This half-term's value is 'Friendship' (Ecclesiastes 4:10)

Sleep

In school we sometimes notice children who appear quite tired or, on very rare occasions, fall asleep in lessons! These children usually tell us that they have stayed up very late watching TV or playing computer games.

Sleep is essential to a child's health and growth. Sleep promotes alertness, memory and performance. Children who get enough sleep are more likely to concentrate better and are less prone to behavioural problems and moodiness. That is why it is important for parents and carers to help their children to develop good sleep habits.



How much sleep does a child need? The recommended amount for children in primary schools is 10 to 12 hours, dependent upon age. So if your child gets up at 7.30am they should be going to bed between 7.30pm and 9.30pm.

The advice is to try and make bedtime a positive and relaxing experience without any form of screen time (TV, tablet, phone or games console), as children who have any kind of screen time before bed can experience difficulty falling and staying asleep.

Online Safety Newsletter

This month's online safety newsletter for parents and carers is now available on our website, in the 'Online Safety' section on the 'Parents' tab.

Poppy Appeal

A reminder that for the rest of this week we will be selling poppies in school to support the national 'Poppy Appeal'. Please send **20p** (minimum) if you would like your child to have a poppy to wear. The following items are also available for children to buy:

- Wristband (£1 suggested donation)
- Snapband (£1.50 suggested donation)
- Reflective plastic poppy (50p suggested donation)



Christmas Lunch

Advance notice that our Christmas Lunch this year will be taking place on Friday 13th December. As last year, the meal will be in the format of a Christmas Lunchbox containing a finger tea cake (various fillings), vegan vegetable roll, piece of fruit, Christmas biscuit, bag of crisps and a chocolate bar. There will also be the usual extras – Christmas crackers and Mr Richardson's 'Lucky Seat' prize draw! It's always an exciting day for the children. Meals will need to be ordered in advance using SchoolMoney – we'll let you know when you can do this.

Best wishes

Julian Rogers
Headteacher

Fireworks – a letter from our Neighbourhood Police Sergeant:



Dear Parents/Carers,

This letter is being sent to every parent of children in the primary and secondary schools covered by Blackburn and Darwen Neighbourhood Team.

It is not aimed at specific children and there is no suggestion that we are singling out your child as a potential problem. Rather, it is sent with the intention of ensuring that all parents are aware of the extent and changing nature of the problem of fireworks.

As you will be aware we are fast approaching bonfire night. There are a number of issues that as a parent you may need to be aware of.

1. **The anti social use of fireworks** resulted in the previous years in a vast number of calls throughout our Policing area about a wide range of incidents.
 - **Children and youths throwing fireworks at each other.**
 - **Fireworks thrown at elderly persons or passers by.**
 - **Setting fireworks off at all times of day and night weeks before bonfire night.**
 - **Fireworks being put through peoples letter boxes.**
 - **Fireworks being thrown at vehicles.**
2. **Safety.** As all parents know, groups of youths acting together are not always the best judges of their own or others safety. The illicit buying of professional display fireworks or the misuse of legal but powerful fireworks and the dangers that these pose are not to be under estimated. Their use in uncontrolled situations has resulted in serious injury. The use of ordinary fireworks in juvenile horseplay or in downright antisocial nastiness can have less obvious but equally serious consequences for personal safety.
3. **Legislation** does exist to prosecute persons using or possessing fireworks in a number of circumstances. This includes the following.
 - **Supply of firework to a person under 18.**
 - **Possessing Adult Firework.**
 - **Discharging fireworks after 23:00-07:00 except on New Years Eve or Bonfire Night.**
 - **Throwing fireworks in the street or public place.**
 - **Other linked offences of Arson, Criminal Damage, Assault or offences under the Public Order Act.**

The police will not be in a position to apply the law over every single incident, but please be aware that where the opportunity presents itself, officers will be seizing fireworks and availing themselves of their powers. Discretion or leniency will not be encouraged. Children could find themselves in court and parents would be expected to accompany them.

Parental pressure can assist us in keeping the disruption and danger caused by the reckless use of fireworks to a minimum. Some simple actions by parents are probably worth more than the collective action of a whole number of organisations like the Police, Fire Service Blackburn with Darwen Council or Trading Standards.

- **Please keep your own fireworks secure.**
- **Do not be pressured into buying fireworks for your child (however old he or she is) for use before Bonfire Night.**
- **Monitor what your child is spending his or her money on in the lead up to Bonfire Night.**
- **Be wary of your child hiding fireworks in your house or elsewhere.**
- **Be wary of buying larger and noisier fireworks for unsupervised use.**
- **Be wary of your child using the Internet or mail order to purchase large and potentially dangerous fireworks.**
- **Be wary of elder siblings purchasing fireworks on behalf of their younger brothers, sisters or their friends. They could be committing a serious offence of supplying fireworks and in extreme circumstances could face up to six months in prison.**
- **Take the time to discuss these issues with your child prior to Bonfire Night.**
- **Be prepared to listen sympathetically to the complaints of any neighbours.**

There is one other more basic piece of advice that would cover all problems:-

Don't let your children have their own fireworks!

Your individual co-operation and assistance in this matter would be greatly appreciated. The more parents who do this the better will be the outcome and we can all contribute towards allowing a traditional festivity to be one night of enjoyment.

Kind regards

Sergeant 5304 Emam
Blackburn with Darwen Neighbourhood Sergeant

This week's Amazing Achievers!

You've Been Spotted!

Children who have been demonstrating one of our school values:

Khadija Malik – Woodpeckers
 Aariz Hussain – Kingfishers
 Anaya Ullah – Swallows
 Aamirah Karolia – Doves
 Sulaiman Ali – Owls
 Salman Khaled – Kestrels
 Hamza Khuram – Hawks
 Hajirah Mahmood – Falcons
 Tahmeed Hussain – Eagles

Headteacher's Award

Children chosen for a special achievement:

Nina Hasan – Robins Blue
 Yusuf Kayani – Robins Green
 Mustafa Ibrar – Woodpeckers
 Sara Bhamji – Kingfishers
 Musa Jafar – Swallows
 Zakariya Faqir – Doves
 Aliyah Malik – Owls
 Anivardh Vyas – Kestrels
 Ethan Mohammed – Hawks
 Labeeqa Nawaz – Falcons
 Diba Sharif – Eagles

Recent Reading Badges

Kingfishers

M. Umer Malik – Gold badge
 Salahuddin Nawaz – Silver badge

Doves

Zakei Ullah – Ruby

Hawks

Imaan Zohaib – Silver

Authors of the Week

Key Stage 2 children who have excelled in their writing recently:

Shakeel Hussain – Doves
 Hussain Ali Shah – Owls
 Ritaj El-Morchidi – Kestrels
 Sakina Shah – Hawks
 Zoya Chaudhry – Falcons
 Amelia Jahangir – Eagles

Mrs Martin's Class of the Week:
Woodpeckers & Kingfishers

Mrs Fenton's Star:
Jannat Zeeshan – Eagles

Mr Richardson's Lunchtime Awards:
Amelia Murimira (Robins) & Tamima Begum (Kestrels)

Last Week's Attendance

	Best attendance	Best punctuality
Infants	Robins Blue (100%)	Robins Blue
Juniors	Hawks & Eagles	Doves