



Managing Self	Lessons
<ul style="list-style-type: none"> Be confident to try new activities and show independence, resilience and perseverance in the face of challenge (ELG) It's all about... taking part! 	Lesson 6 'Taking the Plunge' Lesson 15 'One Gold Star'
<ul style="list-style-type: none"> Explain the reasons for rules, now right from wrong and try to behave accordingly (ELG) It's all about... taking part! 	Lesson 5 'What a Problem' Lesson 25 'Litter Bug'
<ul style="list-style-type: none"> Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about... being smart! 	Lesson 3 'I Like...' Lesson 12 'Clean and Tidy' Lesson 21 'Getting in Knot'
Self-Regulation	Lessons
<ul style="list-style-type: none"> Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG) It's all about... having heart! 	Lesson 2 'Nan's House' Lesson 13 'Bully Boy' Lesson 20 'The New Pet'
<ul style="list-style-type: none"> Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG) It's all about... being smart! 	Lesson 10 'Rainy Days'
<ul style="list-style-type: none"> Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG) It's all about... being smart! 	Lesson 18 'A Piece of Cake'
Building Relationships	Lessons
<ul style="list-style-type: none"> Work and play cooperatively and take turns with others (ELG) It's all about... taking part! 	Lesson 4 'It's Your Turn' Lesson 9 'Stick to the Rules' Lesson 24 'Playtime Games'
<ul style="list-style-type: none"> Form positive attachments to adults and friendships with peers (ELG) It's all about... having heart! 	Lesson 7 'An Old Friend' Lesson 14 'Family Fun' Lesson 23 'Eid Mubarak'
<ul style="list-style-type: none"> Show sensitivity to their own and to others' needs (ELG) It's all about... being smart! 	Lesson 1 'Hide and Seek' Lesson 11 'I Feel Poorly!' Lesson 19 'Busy Body'