

St Matthew's PE LTP 2020/21

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Robins	No formal PE. ELG progress. Challenge cdn through continuous provision- balance, jump, coordination etc.		Locomotion	Movement skills	Net and Wall Games Skills 1	Balance
Woodpeckers	Dance	Dance	Striking and Fielding game skills 1	Target games 2	Gymnastics- Pathways- Small and Long	Striking and fielding games skills 2
Kingfishers	Dance	Dance	Striking and Fielding game skills 1	Target games 2	Gymnastics- Pathways- Small and Long	Striking and fielding games skills 2
Swallows	Movement Skills 2	Gymnastics	Dance- Fire of London	Net and Wall game Skills 2	Gymnastics- Stretching, curling and arching	Invasion game skills 2
Doves	Tri Golf	Dance- Space	Gymnastics- Linking movements together	Athletics	Tag rugby	Rounders
Owls (Year 3s only, Year 4s swim).	Tri Golf	Dance- Space	Gymnastics- Linking movements together	Athletics	Tag rugby	Rounders
Kestrels	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Hawks	Leadership	Gymnastics- Matching,	Gymnastics- Synchronisation and canon	Dance- Dance through the ages	Cricket	Rounders

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		Mirroring and contrast				
Eagles	Leadership	Gymnastics-Counter-balance and counter tension	Netball	Dance- The Haka	Cricket	Rounders